



TRAVIS MANION
FOUNDATION

PROGRAMS OVERVIEW

Travis Manion Foundation is a community - led by veterans and families of the fallen but open to all - that serves together and supports each other. We provide our members best-in-class personal development training and experiences, creating volunteer leaders that address our country's most pressing problems.

We believe veterans and families of the fallen are uniquely positioned for this role, both due to their commitment to our country and their passion for service. TMF programs work to ensure the well-being of our veteran and survivor leaders first so they can move forward addressing the needs of their communities, starting with youth and continuing to the larger community.



Getting Involved with TMF

Although TMF is a Veteran Service Organization (VSO), over 60% of our programs are open to the public. Regardless of military connection, research from the Institute for Veterans and Military Families (IVMF) at Syracuse University has found that participation in TMF programs leads to improvements in mental health and well-being. That means stronger leaders, stronger communities, and a greater connection between civilians and those who have served our country.



Diverse Opportunities to Serve + Connect

TMF offers a broad range of opportunities to serve and connect nationwide, including our landmark youth mentoring program that trains veterans and families of the fallen to develop character in future generations. All of our initiatives are aimed at providing training and resources for veterans and survivors, service to communities, and uniting people of all backgrounds to honor our nation's fallen. TMF Chapters, located across the country, execute the full breadth of TMF programming.

Character Does Matter Youth Mentor Program

Landmark youth mentoring program powered by UA Freedom that trains veterans and families of the fallen to serve as Mentors to youth, and then empowers them to deliver structured, best-in-class character education in a wide range of settings. Although led by veterans and families of the fallen, anyone can make connections to schools and youth organizations or facilitate alongside Mentors.

Operation Legacy Service Projects

Service projects dedicated to fallen heroes that bring people from all walks of life together to address pressing needs in communities. Led by local TMF Chapters, project examples include food distributions, neighborhood clean-ups, and providing assistance and protecting vulnerable citizens. Military-connected volunteers and inspired civilians are welcome to join or lead service projects.

Expeditions

Unique, 5-7 day opportunities open to small groups of highly engaged veterans, families of the fallen, and volunteers that focus on enriching leadership qualities among participants and filling pressing needs in communities. Expeditions take place throughout the United States and its outlying territories, with service opportunities focused on helping communities recover from natural disasters, rebuild and repair homes, further conservation efforts, and more.

Spartan Leadership Program

Proprietary 7-month course open exclusively to veterans and families of the fallen that challenges participants to develop a deeper understanding of themselves and their purpose. Using a blend of in-person and virtual engagements, the program focuses on developing veterans and families of the fallen to serve as leaders in their communities, ultimately culminating in each participant developing a comprehensive plan of action that answers a pressing need in their community.

Leading With Your Strengths Seminar + eCourse

In-person seminar or eCourse dedicated to helping participants identify and learn about their personal strengths in order to enhance overall well-being and leadership. Available in two formats for increased accessibility, Leading With Your Strengths can be delivered live by a TMF leader or accessed online through our Spartan Development Center presented by Johnson & Johnson. In both formats, content is geared toward helping individuals increase positivity and productivity in their lives through self-exploration and development.



For more information about TMF or joining our community, visit travismanion.org.