



FOUNDED BY JAY GLAZER + NATE BOYER

BECOME A MEMBER OF MVP!

Merging Vets + Players empowers combat veterans and former professional athletes by connecting them after the uniform comes off; providing them with a new team to assist with transition, promote personal development, and show them they are never alone.



ABOUT MVP

Merging Vets and Players (MVP) is a peer-to-peer program for combat veterans and former professional athletes who gather once a week to work physically and mentally as individuals and as a team. Sessions consist of a workout with modifications available and a post-workout chat called "The Huddle."

MVP is a community that empowers its members to lean on one another while navigating the labyrinth of transition once the uniform comes off after service or sport. In creating a new team, our members face the challenges head-on together rather than alone. By staying connected beyond the weekly sessions through various events, communication, and trusted resources, members experience an ecosystem of support.



JOIN TODAY

MVP Chapter locations and times can be found online on our website. To participate, potential members **MUST** sign up online prior to attending program. For clarity on program eligibility visit: www.vetsandplayers.org/join

